

- 2023 -

# SEPTEMBER

FRIDAY

**1** Scrambled Eggs/Hash  
Brown/Toast  
Fruit/Juice/Milk

Pizza  
Peach Cobbler  
Salad Bar/Fruit/Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

**KAHLOTUS  
SCHOOL  
DISTRICT**

**4**

**NO SCHOOL  
Labor Day**

**5**

Breakfast Wrap  
Fruit/Juice/Milk

Pulled Pork Sandwich  
Coleslaw  
Salad Bar/Fruit/Milk

**6**

Fruit Smoothie  
Fruit/Juice/Milk

Weiner Wrap  
Tater Tots  
Salad Bar/Fruit/Milk

**7**

Waffle & Sausage  
Fruit/Juice, Milk

Lasagna  
Texas Toast  
Salad Bar/Fruit/Milk

**8**

Breakfast Casserole  
Fruit/Juice/Milk

Chicken Sandwich  
Potato Salad  
Salad Bar/Fruit/Milk

**STUDENTS EAT  
FREE**

**11**

Breakfast Muffin  
Fruit/Juice/Milk

Sweet and Sour  
Chicken  
Fried Rice  
Salad Bar/Fruit/Milk

**12**

Bagel & Cream  
Cheese  
Fruit/Juice/Milk

Chicken/Bacon  
Quesadilla  
Refried Beans  
Salad Bar/Fruit/Milk

**13**

Biscuit and Gravy  
Fruit/Juice/Milk

Hamburger  
Tater Tots  
Salad Bar/Fruit/Milk

**14**

Scrambled Eggs/Hash  
Brown/Sausage  
Fruit/Juice/Milk

Chicken Alfredo  
Cookie  
Salad Bar/Fruit/Milk

**15**

Breakfast Banana Split  
Fruit/Juice/Milk

Pizza  
Brownie  
Salad Bar/Fruit/Milk

**Adult Meals**  
**Breakfast \$3.25**  
**Lunch \$5.00**

**18**

French Toast Sticks  
Fruit/Juice/Milk

Chicken Nuggets  
Tater Tots  
Salad Bar/Fruit/Milk

**19**

Breakfast Sandwich  
Fruit/Juice/Milk

Hot Dog  
Baked Beans  
Salad Bar/Fruit/Milk

**20**

Fruit/Yogurt Parfait  
Fruit/Juice/Milk

Wheelies  
Cupcake  
Salad Bar/Fruit/Milk

**21**

Breakfast Wrap  
Fruit/Juice/Milk

Chicken Parmesan  
Noodles  
Salad Bar/Fruit/Milk

**22**

Fruit Smoothie  
Fruit/Juice/Milk

Nachos  
Salad Bar/Fruit/Milk

**25**

Waffle & Sausage  
Fruit/Juice, Milk

Meat Loaf  
Mashed Potatoes  
w/Gravy  
Salad Bar/Fruit/Milk

**26**

Scrambled Eggs/Hash  
Brown/Toast  
Fruit/Juice/Milk

Deli Sandwich  
Chips  
Salad Bar/Fruit/Milk

**27**

Sausage/Egg/Cheese  
Biscuit  
Fruit/Juice/Milk

Macaroni & Cheese  
Salad Bar/Fruit/Milk

**28**

Bagel & Cream  
Cheese  
Fruit/Juice/Milk

Pizza  
Cake  
Salad Bar/Fruit/Milk

**29**

Breakfast Casserole  
Fruit/Juice/Milk

Tomato Soup &  
Grilled Cheese  
Sandwich  
Salad Bar/Fruit/Milk