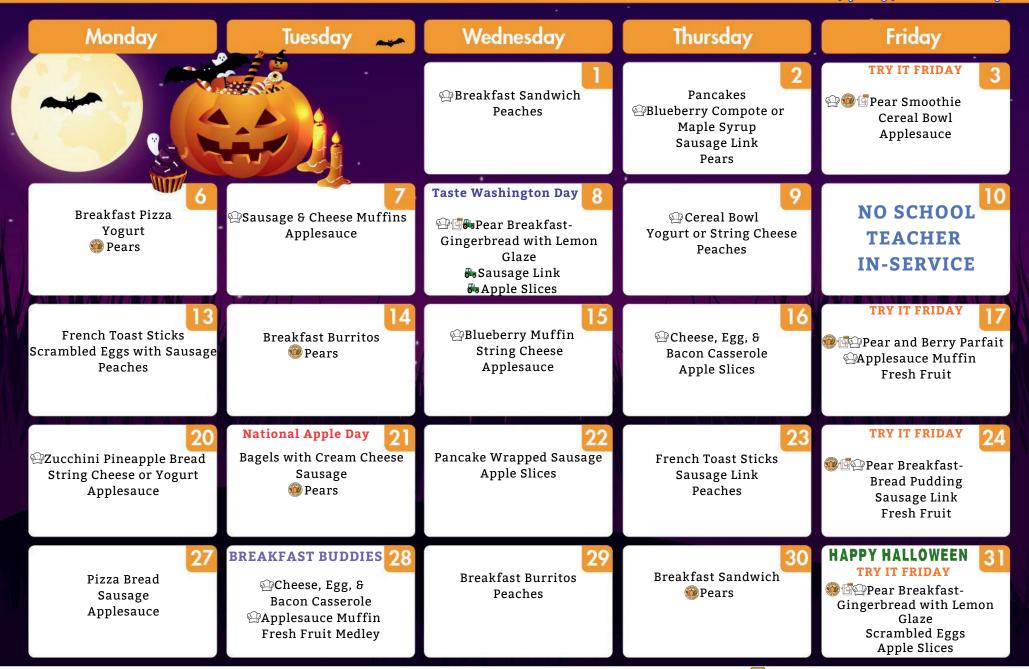


OCTOBER 2025

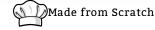
Kahlotus School District

Harvest of the Month:
PEARS

Sweet, juicy, and healthy!



CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS, MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS
Salad Bar is available everyday including fruit and vegetarian options





Heart Healthy

