



Monday

Tuesday

Wednesday

Thursday

Friday



 Breakfast Sandwich
Peaches

1

 Pancakes
Blueberry Compote or
Maple Syrup
Sausage Link
Pears

2

TRY IT FRIDAY

3

  Pear Smoothie
Cereal Bowl
Applesauce

Breakfast Pizza
Yogurt
 Pears

6

 Sausage & Cheese Muffins
Applesauce

7

Taste Washington Day  8
 Pear Breakfast-
Gingerbread with Lemon
Glaze
 Sausage Link
 Apple Slices

9

 Cereal Bowl
Yogurt or String Cheese
Peaches

10

**NO SCHOOL
TEACHER
IN-SERVICE**

 French Toast Sticks
Scrambled Eggs with Sausage
Peaches

13

Breakfast Burritos
 Pears

14

 Blueberry Muffin
String Cheese
Applesauce

15

 Cheese, Egg, &
Bacon Casserole
Apple Slices

16

TRY IT FRIDAY   Pear and Berry Parfait
 Applesauce Muffin
Fresh Fruit

17

 Zucchini Pineapple Bread
String Cheese or Yogurt
Applesauce

20

National Apple Day  21
Bagels with Cream Cheese
Sausage
 Pears

21

Pancake Wrapped Sausage
Apple Slices

22

French Toast Sticks
Sausage Link
Peaches

23

TRY IT FRIDAY   Pear Breakfast-
Bread Pudding
Sausage Link
Fresh Fruit

24

Pizza Bread
Sausage
Applesauce

27

BREAKFAST BUDDIES  28
 Cheese, Egg, &
Bacon Casserole
 Applesauce Muffin
Fresh Fruit Medley

28

Breakfast Burritos
Peaches

29

Breakfast Sandwich
 Pears

30

HAPPY HALLOWEEN  31
TRY IT FRIDAY   Pear Breakfast-
Gingerbread with Lemon
Glaze
Scrambled Eggs
Apple Slices

31

